



正確洗手五部曲

5 Steps For Proper Hand Washing

1 用水弄濕雙手
WET hands with water

2 加入規液，揉搓雙手最少20秒
Apply soap, RUB for at least 20 seconds

勿忘
Don't miss



4 用抹手紙抹乾雙手
DRY with paper towel

抹手紙
paper towel



5 再用抹手紙關上水龍頭
Use paper towel to
TURN OFF the faucet



3 用水沖洗乾淨
RINSE with water

